My very first home was the WOMB.

My space in the womb was AWESOME!

Thank You! for life and love.
Like an astronaut in space I was connected to my mom by an **UMBILICAL CORD**

Make a card for your mom! out here

fold on this line

To my Wonderful 'Super' Mom!
The placenta was my life-support system in the womb.

The placenta allows nourishment from my mom to come to me.

**Let's Write!**

Using the words in the key below, write your very own “What I like about my mom” story.

**Ideas:**
- cooks good food
- bakes birthday cake
- cleans clothes
- hugs me when I get hurt
- lets me play
- always loves me
Blood vessels in the placenta take food, oxygen and water from my mom’s blood and pass it to me.

It works something like the roots of a tree taking nutrients from the soil.

Draw “me and my Dad”
Using the grid as a guide, draw a picture of “me and my Dad” in the box below.
3 weeks in the womb

My heart began to beat.

What my heart looked like at 4 weeks

Draw “me and my Mom”

Using the grid as a guide, draw a picture of “me and my Mom” in the box below.

(enlarged drawing)
6 weeks in the womb

My brain began working

I'm glad I was born!

Color me and give me a name: ____________
I started swimming around in the amniotic fluid with a natural swimmer’s stroke. I could hiccup, too!

7–8 weeks in the womb

PRO-LIFE WORDFIND

Circle each word you find in the puzzle.
Words can be across, down, diagonal or bottom to top

Find these words:

CRIB
MCCL
PROLIFE
BABIES
UNBORN
LOVE
HEARTBEAT

FAMILY
BOY
MOM
DAD
GIRL
ULTRASOUND
LOVE

(answers inside back cover)
10–11 weeks in the womb

My feet, hands, fingernails and eyelids were and still are perfectly shaped.

MCCL stands for the organization Minnesota Citizens Concerned for Life.

In order, use the letters MCCL to find your way through the maze.

Start

\[
\begin{array}{cccccccc}
V & T & U & M & K & V & C & O & P \\
T & K & R & C & T & E & B & N & U \\
C & N & U & C & Y & R & C & P & E \\
C & C & M & L & T & O & V & N & K \\
L & P & K & U & P & U & V & R & Y \\
M & C & C & L & M & C & C & L & M \\
E & W & Y & R & H & P & K & S & C \\
P & C & Y & F & C & C & M & L & C \\
N & Y & T & R & L & S & U & Y & F \\
\end{array}
\]

Finish

(answers inside back cover)

10–11 weeks in the womb

My feet, hands, fingernails and eyelids were and still are perfectly shaped.

MCCL stands for the organization Minnesota Citizens Concerned for Life.

In order, use the letters MCCL to find your way through the maze.

Start

\[
\begin{array}{cccccccc}
V & T & U & M & K & V & C & O & P \\
T & K & R & C & T & E & B & N & U \\
C & N & U & C & Y & R & C & P & E \\
C & C & M & L & T & O & V & N & K \\
L & P & K & U & P & U & V & R & Y \\
M & C & C & L & M & C & C & L & M \\
E & W & Y & R & H & P & K & S & C \\
P & C & Y & F & C & C & M & L & C \\
N & Y & T & R & L & S & U & Y & F \\
\end{array}
\]

Finish

(answers inside back cover)
Development of an unborn baby

12 weeks in the womb

My picture was taken. Mom and Dad watched me move around in the womb on the ultrasound scan.

Connect each statement to the correct answer:

1. A baby’s life begins at — 6 weeks
2. A baby’s heart begins to beat at — conception
3. A baby has brain waves — 7-8 weeks
4. A baby can hiccup at — 20 weeks
5. A baby can hear his/her mother’s voice at — 21 days after conception

(answers inside back cover)
14–40 weeks
in the womb

I hear Mom’s voice
I stick out my tongue

I hear music playing
I turn somersaults
I suck my thumb

I taste Mom’s cooking
(the flavor is in the amniotic fluid)

I wiggle my toes

CONNECT THE DOTS
FOLLOW THE NUMBERS!
Truly you have formed my inmost being:
you knit me in my mother’s womb.
I give you thanks that I am
fearfully, wonderfully made;
wonderful are your works.

Psalm 139:13–14

Draw a line from each **word** to its **definition** on the right

1. womb
   A. the cord that connects the baby’s navel to the placenta

2. ultrasound scan
   B. an organ that allows the baby to get nourishment from the mother

3. umbilical cord
   C. a place in the mother’s body where the baby grows

4. placenta
   D. the watery liquid surrounding the growing baby in the womb

5. amniotic fluid
   E. takes pictures of the baby in the womb

(answers inside back cover)
HURRAY!
I am born!

My birthday is ____________

Once born I have to be fed and have clothes put on to keep me warm.

But as for thinking, learning, and remembering, I have been at it for 3 months!

Help baby get through the MAZE!

(Answer inside back cover)
Some good food my mom ate to keep me healthy while growing in the womb.

**Fruit**

Fill in blank with correct word: oranges, grapes, banana, apple

Secret Code!

Use the code below to fill in the blanks and reveal the secret message.

```plaintext
23 22 11 24 26 1 22 23
  
4 16 23 10 19
  
14 19 16 9 20 19 20
  
1 2 3 4 5 6 7 8 9 10 11
B D F H J L N P R T V
12 13 14 15 16 17 18 19 20 21 22
X Z Y W U S Q O M K I
  
23 24 25 26
  
G E C A
```

(answers inside back cover)
More good food

**VEGETABLES**

Fill in blank with correct word:
carrot, tomato, leafy greens, green beans

---

**COLOR BY NUMBER**

Use key below to color picture:

1. Red
2. Green
3. Blue
4. Yellow
5. Pink
**HOW MANY?**

Count the babies below and write the number on the line provided.

Draw a circle around the baby that is different.

________ # of babies

(answers inside back cover)

**More good food**

**MEAT AND FISH**

Fill in blank with correct word: fish, ham, beef, chicken
More good food

DAIRY PRODUCTS AND EGGS

Fill in blank with correct word: milk, cheese, egg, ice cream

Crossword Puzzle

Across
1. Life begins at _______
2. A furry toy animal
3. Color of a tomato
4. A boy’s name
5. Opposite of “no”

Down
1. Baby’s first home
2. This begins beating at 21 days after conception
3. Mom needs to drink plenty of _______
4. Mom needs to eat good nutritious _______
5. Girl’s name
6. Opposite of “lose”

(answers inside back cover)
More good food

WHOLE GRAINS

Fill in blank with correct word:
oatmeal, brown rice, whole wheat bread
Unscramble the words on the list below

1. b c r i
   ___ ___ ___ ___
   to sleep in

2. r a c a t e s
   ___ ___ ___ ___
   to sit in car

3. h g i h r i a h c
   ___ ___ ___ ___ ___ ___
   to sit in while eating

4. l e r s t r o
   ___ ___ ___ ___ ___ ___ ___
   to sit in when going to the park or shopping

(answers inside back cover)
Here I am ready to be dressed!

Cut along dotted line
My clothes!

Cut along dotted line

I'm so huggable